

2021-2025 Community Health Improvement Plan Indicators

To see the full set of indicators and data, visit:

<https://tinyurl.com/LCCHPIndicators>



The indicators for Lane County's 2021-2025 Community Health Improvement Plan (CHP) are the measures our community will use to determine progress in the three priorities identified in the CHP:

- **Ensure everyone has the income needed to meet basic needs**
 - Ensure economic development in Lane County that creates livable incomes and keeps basic living costs affordable
- **Create conditions that support good mental health and physical well-being**
 - Ensure systems of care address the needs of the whole person across their life-span
 - Implement policies that support healthy choices and mental well-being
- **Address the injustices that create inequities**
 - Ensure equity in the future by changing the systems and structures of our racist past

Live Healthy Lane's Evaluation and Data Tracking Team (EDTT) developed these indicators with input from the Lane Equity Coalition and final approval from Live Healthy Lane's Steering and Executive Committees.

EDTT used a results-based accountability (RBA) framework and an equity lens to identify and select indicators that could demonstrate progress on Lane County's Community Health Improvement Plan. RBA is a process that starts by identifying what success will look and feel like, and uses that to determine how to measure progress.

As part of the selection process, EDTT developed criteria that potential indicators needed to meet. Some of those criteria include:

- Data are timely – data have been collected within the past 3-4 years
- Data are collected repeatedly
- Data are available for sub-County populations (e.g., by race/ethnicity, zip-code, income level, etc.)

Other considerations included being comparable to state and/or national data and having indicators that could tell a robust story about health and the social determinants of health in Lane County. All data included are the most recent data available as of December 2021. Data will be monitored by EDTT and updated periodically as resources are available.

Create conditions that support good mental health and physical well-being



The 2019 Community Health Assessment revealed a downward trend in mental health. There is also a need to reduce social isolation, prevent substance abuse, and encourage healthy choices through evidence-based policies.

The CHP includes two strategies to address these needs:

- Ensure systems of care address the needs of the whole person across their life-span
- Implement community and organizational policies that support healthy choices and mental well-being

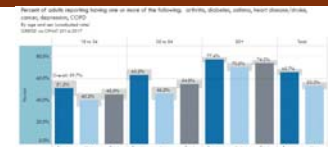
We will measure progress in this priority area by looking at rates of:

- Chronic disease
- Poor mental health and unmet mental health needs
- Student attendance and proficiency in 3rd grade reading
- Substance use in youth and adults

Click on graphs to view data, or visit <https://tinyurl.com/LCCHPIndicators>

Chronic disease

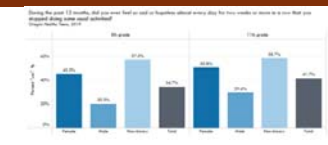
Almost 60% of adults reported having one or more chronic disease



Mental health

16% of adults and 42% of youth reported experiencing poor mental health

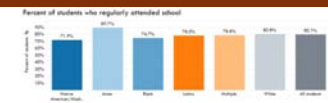
About 25% of youth reported having unmet mental health needs



Student success

Between 70-80% of students regularly attend school

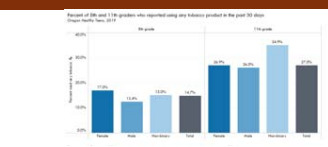
About 45% of students are proficient in English Language Arts in 3rd Grade



Substance use

About 25% of adults use tobacco and 9% of adults report heavy drinking

Between 25-30% of 11th graders report using alcohol, tobacco, and/or cannabis



Address injustices that create disparities



Due to the history of systematic oppression of Black, Indigenous, Latinx, and other People of Color (BIPOC), these communities experience significant disparities in both health outcomes and in the social determinants of health. Therefore, one of the strategies in Lane County's Community Health Improvement Plan (CHP) is to **ensure equity in the future by changing the systems and structures of our racist past.**

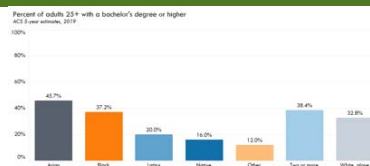
We will measure progress in this priority area by looking at disparities in:

- Rates of college and high school graduation
- Rates of homeownership
- Rates of premature death

Click on graphs to view data, or visit <https://tinyurl.com/LCCHPIndicators>

Educational attainment

Latinx and Indigenous adults 25 and older are less likely to have a 4-year college degree compared to other races/ethnicities



Black, Indigenous and Latinx students are less likely to graduate high school within 4 years compared to other races/ethnicities

Homeownership

Households that identify as white own their homes at significantly higher rates than households of any other race/ethnicity



Premature death

Black and Native Hawaiian/Pacific Islander communities experience the highest rates of premature death



How to take action to improve community health using Lane County's Community Health Improvement Indicators

1. **Identify the CHP priority and indicators** most likely to be impacted by your program/policy/project (indicators are available in [English](#) & [Spanish](#)):

- **Ensure everyone has the income needed to meet basic needs**
 - Ensure economic development in Lane County that creates livable incomes and keeps basic living costs affordable
 - Percent of renter households that are cost-burdened
 - Gap between median income and costs of living
 - Basic needs inaccessible due to cost
- **Create conditions that support good mental health and physical well-being**
 - Ensure systems of care address the needs of the whole person across their life-span
 - Percent of youth and adults experiencing poor mental health
 - Percent of youth reporting unmet mental health needs
 - Percent of students regularly attending school
 - Implement policies that support healthy choices and mental well-being
 - Percent of youth and adults experiencing poor mental health
 - Percent of youth and adults reporting substance use (tobacco, alcohol, cannabis)
 - Percent of adults reporting having one or more chronic conditions
 - Percent of 3rd grade students proficient in English Language Arts
- **Address the injustices that create inequities**
 - Ensure equity in the future by changing the systems and structures of our racist past
 - Disparities in on-time high school graduation rates
 - Disparities in attaining a 4-year college degree
 - Disparities in rates of homeownership
 - Disparities in rates of premature death

2. **Identify actions that you can take.** Conduct a root cause analysis, consult with impacted communities, and use an equity lens to identify actions you can take to address the priority area you've identified and that will have an impact on the indicator(s) you've chosen.

3. **Develop performance measures to track progress.** Performance measures need to answer three questions: How much did we do? How well did we do it? Is anybody better off?

4. **Share your plans and progress with Live Healthy Lane!** By using a collective impact model, we can amplify our work and accomplish more together.

EXAMPLE

Non-profit agency whose mission is to ensure vulnerable populations can meet basic needs

1. Choose a priority and indicator(s):

Ensure everyone has the income needed to meet basic needs

- Ensure economic development in Lane County that creates livable incomes and keeps basic living costs affordable
 - Percent of renter households that are cost-burdened
 - Basic needs inaccessible due to cost: % of households that are food insecure

2. Identify actions

- a. A root cause analysis asks “why?” a certain outcome is the way it is, and then “why?” again 3-5 times until you reach a root cause that you can act on:
 - i. Why are so many families struggling to pay for housing and food?
 - 1. Incomes have not kept up with costs
 - 2. Families in rural areas have transportation issues
 - a. Rural communities lack full-service grocery stores
 - b. Travel adds additional cost to food bills
- b. Focus groups in rural communities experiencing the greatest gap in income to cost of living confirm that having to travel to metro area grocery stores adds significant costs to grocery bills
- c. Possible actions
 - i. Subsidize transportation costs with gas cards for clients in most impacted communities
 - ii. Advocate for more rural grocery stores
 - iii. Advocate for more rural farmers’ markets year-round

3. Develop performance measures

- a. Action: distribute gas cards to clients
 - i. How much did we do? % of clients in impacted communities who received gas cards
 - ii. How well did we do it? % of clients receiving gift cards report satisfaction with process of using gift cards
 - iii. Is anyone better off? % of clients in impacted communities reporting household food insecurity before/after program

4. Participate in Live Healthy Lane networking opportunities and share stories and data about your work! Visit www.LiveHealthyLane.org for more information.